



**United  
Nations**



**GLOCAL  
UNIVERSITY**  
SHAPING GLOBAL MINDS

**SUSTAINABLE DEVELOPMENT GOALS (SDG)  
SDG 3 – GOOD HEALTH AND WELLBEING**



**GLOCAL UNIVERSITY**

**INDIA**

**2023**

### SDG 3 – GOOD HEALTH AND WELLBEING

Glocal University is steadfast in its commitment to promoting a healthy, safe, and smoke-free environment for its community members. By implementing a comprehensive Smoke-Free Policy, the university seeks to safeguard the well-being of students, staff, and visitors while fostering a culture of wellness and environmental sustainability. Through strict regulations, awareness programs, and proactive enforcement, Glocal University ensures a clean, nicotine-free campus that prioritizes the quality of life and health of all stakeholders. This policy reflects our dedication to creating a healthier and more supportive environment for learning, growth, and collaboration.

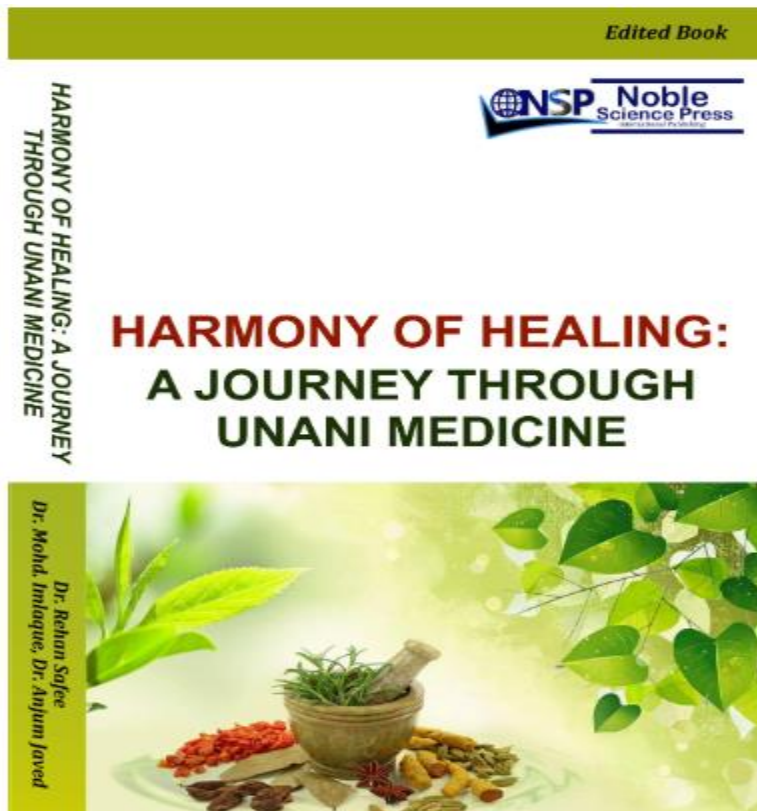




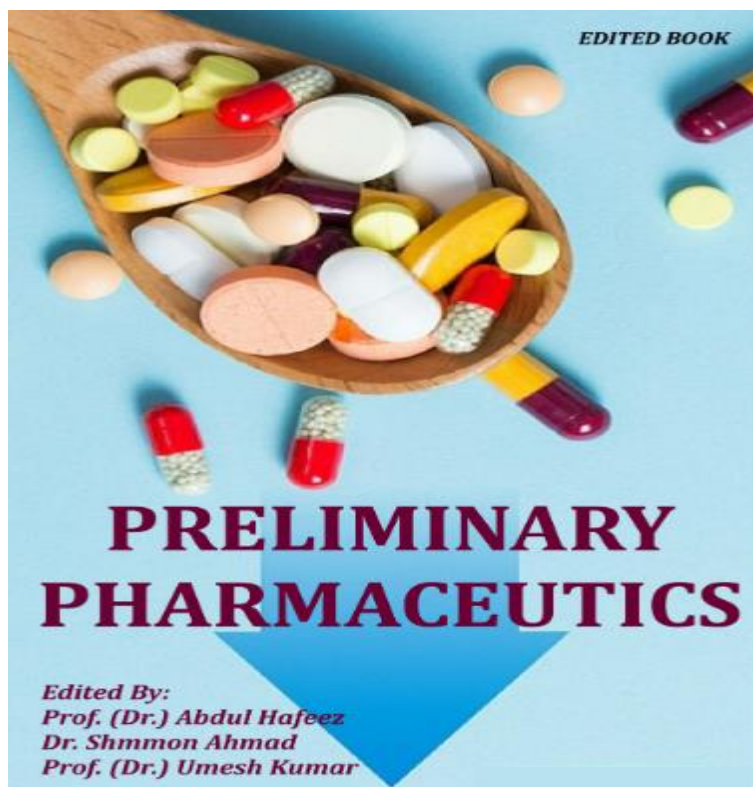
### 3.2.1:

Glocal University monitors the proportion of graduates in health professions to assess the impact of our programs in this field. Our initiatives include:

- **Health Profession Programs:** We offer a range of degrees in health-related fields such as medicine, nursing, public health, and allied health professions, equipping students with the skills necessary for the healthcare sector.
- **Graduate Tracking:** We track the percentage of graduates entering health professions, ensuring alignment with the growing demand for healthcare professionals.
- **Industry Partnerships:** Collaborations with hospitals, clinics, and public health organizations provide students with practical training opportunities and career pathways.



Book Published by Unani College of Glocal University in 2023.  
Sources: <https://doi.org/10.52458/9789388996983.nsp2023.eb>



Book Published by Pharmacy College of Glocal University in 2023.  
Sources: <https://doi.org/10.52458/9788196830045.2023.eb>

### 3.3.1:

Glocal University maintains active collaborations with local, national, and global health institutions to improve health and well-being outcomes. These partnerships include:



- **Local Health Organizations:** We work with local hospitals, clinics, and public health agencies to provide students with hands-on clinical experience, while also contributing to community health initiatives.



- **National Health Partnerships:** We collaborate with national health organizations to conduct research on public health issues, such as disease prevention, mental health, and health equity,



helping shape national health policies.



- 
- Global Health Networks: Our international partnerships with global health institutions allow students and faculty to participate in global health research, share knowledge, and implement best practices in healthcare delivery.
- 

### 3.3.2:

Glocal University actively delivers outreach programs aimed at improving health and well-being in the local community, including student volunteering initiatives. These programs include:

- Health Education Campaigns: We organize community workshops on topics like hygiene, nutrition, family planning, and aging well, helping residents make informed health decisions.





- Sports and Exercise Initiatives: We offer fitness programs, yoga sessions, and sports activities to promote physical activity and well-being among community members.



- Nutrition and Healthy Eating: Through partnerships with local organizations, we conduct workshops on healthy eating habits, emphasizing the importance of balanced diets for better health.





- Volunteering Programs: Students are encouraged to volunteer in health-related projects, including outreach to vulnerable populations such as refugees, providing

health education and services where needed.





### 3.3.3:

Glocal University actively shares its sports facilities with the local community to promote physical activity and wellness. This includes:

- **Local School Partnerships:** We collaborate with nearby schools to offer students access to our sports facilities, encouraging youth participation in sports and fostering healthier lifestyles.





- **Public Access Programs:** Our sports facilities are available to the general public through scheduled programs, allowing local residents to engage in physical activity, fitness classes, and recreational sports.





- Community Events: We host sports events, tournaments, and wellness activities that are open to the local community, creating opportunities for individuals of all ages to engage in physical exercise.







#### 3.3.4:

Glocal University is committed to supporting the sexual and reproductive health of students by providing comprehensive services, including:

- Health Clinics: Our campus health center offers confidential sexual and reproductive health services, including counseling, contraception, screenings, and treatment for sexually transmitted infections (STIs).



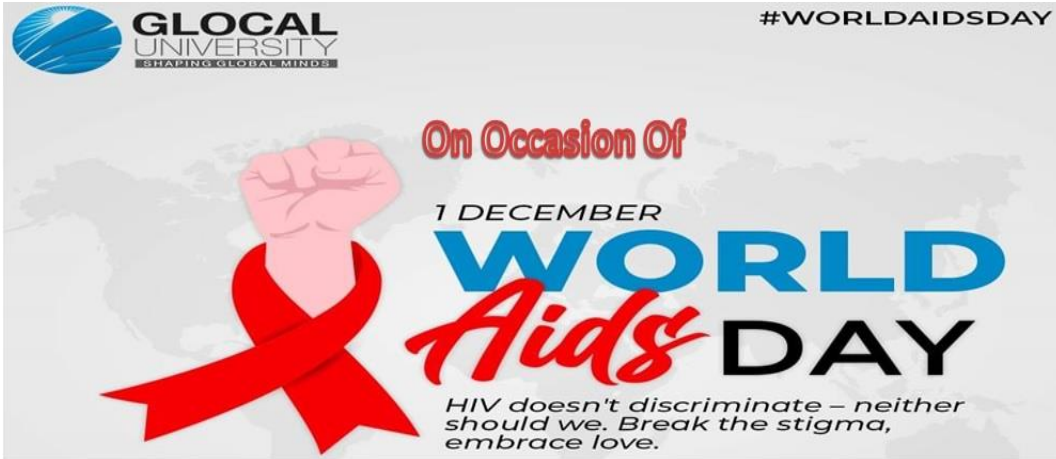




- 
- 



-



# AIDS AWARENESS SESSION

ORGANISED BY  
GLOCAL COLLEGE OF PARAMEDICAL SCIENCE AND  
RESEARCH CENTRE

Activate Wii  
Go to Settings t

- Education and Awareness: We organize workshops and awareness campaigns on topics such as sexual health, family planning, consent, and healthy relationships, ensuring students have the information they need to make informed decisions.



- Counseling Services: We offer counseling for students seeking guidance on sexual and reproductive health issues, providing a supportive and non-judgmental environment.



- Partnering with Local Health Providers: We collaborate with local healthcare providers to ensure students have access to a broad range of services and referrals when needed.

### 3.3.5:

Glocal University offers comprehensive mental health support to students through various services:

- Counseling Services: Our on-campus counseling center provides individual and group therapy, offering support for issues like anxiety, depression, stress, and personal challenges.





## क्षय रोग जागरूकता एवं पोषाहार वितरण समारोह

13 दिसम्बर 2023, मेडिकल आडिटोरियम, दोपहर 12 बजे से 2 बजे तक

	<p>मुख्य अतिथि</p> <p><b>डॉ० संजीव मांगलिक</b> मुख्य चिकित्साधिकारी</p>	<p>संरक्षक</p> <p><b>प्रो० (डॉ०) पी० के० भारती</b> कुलपति, ग्लोकल विश्वविद्यालय</p>		
<p><b>डॉ० सर्वेश कुमार</b> जिला क्षय रोग अधिकारी</p> <p><b>शेष कुमार पांडे</b> ब्लॉक कार्यक्रम प्रबंधक</p>	<p><b>डॉ० उमर आकिल</b> चिकित्सा सलाहकार विश्व स्वास्थ्य संगठन</p> <p><b>महेन्द्रपाल सिंह</b> वरिष्ठ लेब पर्यवेक्षक</p>	<p><b>डॉ० विजेन्द्र कुमार</b> अधीक्षक सामु० स्वा० केन्द्र सद्गोली कदीम</p> <p><b>मुकेश कुमार</b> जिला कार्यक्रम प्रबंधक</p>	<p><b>मो० नौमान</b> वरिष्ठ उपचार पर्यवेक्षक</p> <p><b>प्रवेन्द्र कुमार</b> जिला पी.पी.एम समन्वयक</p>	<p><b>अमीर आलम</b> वरिष्ठ लेब पर्यवेक्षक</p> <p><b>सोनी राजपूत</b> समुदाय स्वास्थ्य अधिकारी</p>
<p>आयोजक</p> <p><b>डॉ० एस० पी० पाण्डेय</b> परिसर निर्देशक</p>	<p>संयोजक</p> <p><b>डॉ० त्रिजेश कुमार ब्रह्म भट्ट</b> हॉस्पिटल इन्चार्ज (एम.बी.बी.एस, एम.डी)</p>	<p>सह-संयोजक</p> <p><b>दीपक भार्गव</b> पर्यवेक्षक, रक्त विभाग</p>		

- Peer Support Programs: We run peer support initiatives where trained students provide emotional support and help connect their peers to professional services when needed.
- Workshops and Seminars: We organize workshops on mental health awareness, stress management, and mindfulness techniques to promote emotional well-being among students.





- 24/7 Support: Our students have access to emergency mental health services and helplines to ensure they receive timely support whenever needed.





### 3.3.6:

Glocal University enforces a smoke-free policy across campus to promote a healthy environment for all students, staff, and visitors. The key components of this policy include:

- No Smoking Zones: Smoking is prohibited in all indoor areas, outdoor spaces, and university-owned buildings, including dormitories and recreational areas.
- Awareness Campaigns: We run regular awareness campaigns on the health risks of smoking and the benefits of a smoke-free environment to encourage positive lifestyle Choices .







- 
- Support for Smokers: The university offers support services for students and staff who wish to quit smoking, including counseling and access to nicotine replacement therapy.



**GLOCAL COLLEGE OF  
PARAMEDICAL SCIENCE & RESEARCH CENTRE**

OBSERVING

**WORLD  
NO TOBACCO  
DAY 2024**



**31 MAY 2024**

UNDER THE AEGIS OF IQAC



### 3.3.7:

Glocal University provides mental health support for staff through various services designed to promote well-being and work-life balance:

- Employee Assistance Program (EAP): Our EAP offers confidential counseling services for staff to address personal, emotional, or work-related issues.



- Well-being Workshops: We organize workshops on stress management, mindfulness, and resilience, helping staff manage workload pressures and maintain mental well-being.



- Peer Support Network: A peer support system is available where staff members can connect with colleagues for mutual support, guidance, and stress relief.



- 
- Access to Professional Help: Staff have access to professional counseling services for more in-depth mental health care when needed.



**GLOCAL**  
UNIVERSITY  
SHAPING GLOBAL MINDS





**Chief Guest**  
**Dr. Samit Jain**  
Director SSC Hospital  
President IDA, SRE

**WORLD HEALTH DAY 2024**

**CELEBRATION**

*Theme: My Health, My Right*

This initiative by Glocal University significantly contributed to advancing SDG 3 by raising awareness about a major health issue, equipping participants with vital knowledge, and

encouraging proactive health measures. It underscored the pivotal role of educational institutions in addressing public health challenges and promoting well-being. Through this seminar, Glocal University reaffirmed its dedication to fostering a healthier society by spreading awareness about cancer and empowering individuals with the knowledge to make informed health decisions.





ग्लोबल कॉलेज अंतर्गत पेटा मेडिकल साइंस एंड रिसर्च सेंटर ने विश्व कैंसर दिवस पर जागरूकता सेमिनार का आयोजन किया।

सहारनपुर। स्थित ग्लोबल विश्वविद्यालय के कुलपति प्रोफेसर डॉ. पी.के. भारती के दिशानिर्देशन में कैंसर और इसके विभिन्न पहलुओं के बारे में जागरूकता बढ़ाने के लिए ग्लोबल कॉलेज अंतर्गत पेटा मेडिकल साइंस एंड रिसर्च सेंटर ने विश्व कैंसर दिवस पर एक दिवसीय सेमिनार का आयोजन किया, जो हर साल 4 फरवरी को मनाया जाता है। कार्यक्रम का नेतृत्व पेटा मेडिकल के प्राचार्य प्रो राजेश कुमार ने किया।

सेमिनार में वी सीएल अब्दुल क़ारी द्वारा एक व्यापक प्रस्तुति दी गई, जिसमें कैंसर के वैश्विक परिदृश्य, इसकी जांचकाल और जागरूकता पैदा करने के महत्व पर प्रकाश डाला गया। सत्र में 100 से अधिक छात्रों ने भाग लिया। इसके अतिरिक्त पेटा मेडिकल कॉलेज के पूरे संकाय ने विश्व कैंसर दिवस पर अपने दृष्टिकोण और अंतर्दृष्टि साझा करते हुए इस कार्यक्रम में सक्रिय रूप से भाग लिया।

सत्र में उपस्थित छात्रों को विभिन्न प्रकार के कैंसर, निवारक उपचारों और कैंसर के उपचार में नवीनतम प्रगति के बारे में विस्तार से जानकारी प्रदान की गई। संकाय सदस्यों ने उपस्थित छात्रों को अपने ज्ञान और अनुभवों को साझा किया, जिसका उद्देश्य छात्रों के भीतर कैंसर जागरूकता में योगदान करने के लिए जिम्मेदारी की भावना पैदा करना था। प्रस्तुतियों के बाद, मिस. अश्विनी दुबे, मिस्टर गैलम और मिस. रश्मि ने छात्रों को एक क्विज सत्र में शामिल किया, छात्रों को प्रश्न पूछने और चर्चा करने पर अपने विचार साझा करके सक्रिय रूप से भाग लेने के लिए प्रोत्साहित किया। कार्यक्रम का समापन सलूगान के साथ किया गया। इस आयोजन ने न केवल एक शैक्षिक मंच के रूप में कार्य किया, बल्कि सामुदायिक जागरूकता की भावना को भी बढ़ाया दिया।

