



# SUSTAINABLE DEVELOPMENT GOALS (SDG)

# SDG 3 – GOOD HEALTH AND WELLBEING



## GLOCAL UNIVERSITY

**INDIA** 

2022

#### SDG 3 – GOOD HEALTH AND WELLBEING

#### 3.3.1 UNIVERSITY COLLABORATION

At Glocal University, we engage in collaborative initiatives with local, national, and global health organizations to advance health and well-being.

- 1. **Global Yoga Awareness:** MoU with the International Federation of Yoga Professionals for global awareness to conduct workshops, seminars, and lectures for Yoga.
- 2. **Pharmaceutical Education Partnership:** Association with the Association of Pharmaceutical Teachers of India to organize guest lectures, competitions, and health camps to promote pharmaceutical education and awareness.
- 3. **Enhanced Yoga Awareness (Second MoU):** Second MoU with Digvijay Nath P.G. College and IFYP for workshops, seminars, and lectures for practice of yoga.
- 4. **Collaboration with Chhatrapati Sahuji Maharaj University:** MoU with Chhatrapati Sahuji Maharaj University and IFYP to strengthen yoga education and practice.

#### **Activities -**

- 1. Memorandum of Understanding (MoU) with International Federation of Yoga Professionals, New Delhi and Deen Dayal Updadhyaya Gorakhpur university for global awareness for yoga professionals, for araning workshop, seminar, lecture on yoga.
- 2. Association with association of pharamaceutical teachers of india for guest lectue, poster making competition, rangoli competition, quiz competition, health camp.
- 3. Memorandum of Understanding (MoU) with digvijay nath P.G. College Gorakhpur and inbernational federation of yoga professional for global awareness for yoga professionals, for araning workshop, seminar, lecture on yoga.
- 4. Memorandum of Understanding (MoU) with chhatrapati sahuji maharaj university, Kanpur with with International Federation of Yoga Professionals
- 5. Proposal for the MOU between University/College & International Federation of Yoga Professionals (IFYP)
- 6. Proposal letter for the MOU to planning, training, promotion and coordination of Yoga education

#### **International Yoga Week Celebration at Glocal University (2022)**

From June 15th to June 21st, 2022 Glocal University enthusiastically participated in the annual International Yoga Week, a global initiative aimed at promoting the physical, mental, and spiritual benefits of yoga. The celebration at our campus was marked by a dedicated effort to enlighten the community about the profound impact of yoga on overall well-being.

Yoga, rooted in ancient Indian practices, has evolved into a universal means of achieving balance and harmony, transcending cultural boundaries. In the modern era, where stress and sedentary lifestyles prevail, the significance of yoga cannot be overstated. It offers a holistic approach to health, addressing physical fitness, mental clarity, and emotional stability.

Throughout International Yoga Week, participants at Glocal University actively engaged in a variety of asanas (yoga postures) to experience the diverse benefits of this ancient discipline. From the calming effects of meditation poses like Padmasana to the invigorating impact of dynamic asanas like Surya Namaskar, each posture contributed to enhancing flexibility, strength, and inner peace. Workshops and sessions were organized to educate participants on the correct techniques and alignment of these asanas, ensuring a safe and effective practice.

A fundamental principle of yoga is the connection between the mind and body. Through mindful breathing and meditation, participants learned to cultivate awareness, manage stress, and foster mental resilience. This mind-body integration proved crucial for maintaining a balanced and healthy lifestyle.

The celebration of International Yoga Week at Glocal University underscored the institution's commitment to holistic education and the well-being of its community. By embracing the ancient wisdom of yoga, participants gained valuable tools to navigate the challenges of modern life, fostering a culture of health, mindfulness, and interconnectedness. This annual celebration reinforced the university's dedication to nurturing not only academic excellence but also the overall development and vitality of its students and staff."

#### 3.3.2 UNIVERSITY OUTREACH PROGRAM

"Glocal University is a driving force for positive change and community development, prioritizing health and wellbeing and events as -

- 1. Community Outreach program by the College of Nursing and Research Centre, focusing on hygiene, nutrition, and family planning for community health.
- 2. Eye Care Initiative by glocal university for eye infections and conjunctivitis to meet specific health needs.
- 3. Glocal Unani Medical College's conducting, awareness programs, and medical camps emphasizing personal hygiene and its daily significance.
- 4. Comprehensive Community Outreach Program covering Yoga Education Certification, Wellness Initiatives, and Therapeutic Yoga.
- 5. Glocal Unani Medical College's program focusing on health check-ups, hygiene, nutrition, and overall health for Outreach in Kasimpur Village:
- 6. Regular Free Medical Camps conducted in Kasimpur village and Bada Kuan area, addressing essential health needs and hygiene awareness.

#### Activities -

- 1. "Under the banner of 'Azadi Ka Amrit Mahotsav,' the College of Nursing and Research Centre organized a Community Outreach Program to enhance health and wellbeing in the local community. The focus was on hygiene, nutrition, and family planning.
- Glocal Ayurvedic College and Speciality Hospital and Research Centre conducted a Community Outreach Program addressing eye infections and conjunctivitis in the local community.
- 3. Glocal Unani Medical College Hospital & Research Center commemorated the 75th Year of Independence by arranging lecture series, awareness programs, and medical camps in nearby schools, colleges, and villages. Topics included personal hygiene and its significance in daily life.
- 4. Glocal School of Pharmacy, in association with the Association of Pharmaceutical Teachers of India, organized a free health camp in Shahpur Gada. Services included

- health check-ups, blood pressure monitoring, hemoglobin tests, sugar tests, and blood group identification.
- 5. A Community Outreach Program during the 61st National Pharmacy Week in Khushalpur village promoted sports, exercise, and wellbeing. It featured a guest lecture on the theme "Pharmacy of the World India."
- 6. Glocal University collaborated with the International Federation of Yoga Professionals for a Community Outreach Program. The program encompassed Yoga Education Certification, Promotion of Yoga, Yoga for Health, Community Outreach, Wellness Initiatives, Yoga Advocacy, Yoga Networking, and Therapeutic Yoga.
- 7. Glocal Unani Medical College Hospital and Research Center organized a Community Outreach Program in Kasimpur village, focusing on health check-ups, hygiene, nutrition, and overall health.
- 8. Glocal Unani Medical College Hospital & Research Center conducted a Free Medical Camp in Kasimpur village as part of "Azadi ka Amrit Mahotsav." The camp provided medical services, hygiene awareness, and counseling to the rural population.
- 9. As part of "Azadi ka Amrit Mahotsav," Glocal Unani Medical College Hospital & Research Center arranged lecture series, awareness programs, and medical camps at public national inter college and village Sadholi Kadim, addressing health, hygiene, and wellbeing.
- 10. A Community Outreach Program by Prof. Dr. Rehan Safee and Prof. Dr. Abdul Malik of Glocal Unani Medical College provided insights on AYUSH courses, career opportunities, and the importance of traditional therapies.
- 11. Glocal Unani Medical College Hospital & Research Center served the community by conducting a Free Medical Camp in the Bada Kuan area of Mirzapur Pole. The camp focused on winter season care and hygiene awareness, benefiting the rural population."

#### ग्लोकल आयुर्वेदिक कॉलेज सुपर स्पेशलिटी हॉस्पिटल एण्ड रिसर्च सेंटर

कंजिक्टवाईटिस/आईफ्लू (ऑखों का लाल होना) कंजिक्टवाईटिस एक प्रकार का संक्रमण रोग है जो बेक्टेरिया या वाइरस से होता है। मौसम बदलाव व बाढ की वजह से आई फलू बढ रहा है।

#### कंजिक्टवाईटिस के लक्षण

- अखं लाल हो जाती है तथा ऑखो में सूजन आ जाती है।
- अखों में खुजली होती है।
- ¥ आखों से पीले रंग का पीप आ जाता है, तथा आखों की पलक आपस

  में चिपक जाती है।
- 🖊 बच्चो को आई फ्लू के साथ बुखार आ सकता है।







#### कंजिकटवाईटिस से बचाव

- ¥ हाथो को साबुन या सेनीटाइजर से साफ रखे।
- अखों को बार बार ना छुए।

  अस्तरिक स्वार ना छुए।

  अस्तरिक स्वार
- 🖊 आखों को साफ पानी से धोये।
- 🚁 संक्रिमत व्यक्ति के तौलिये रूमाल, धोती इत्यादि से अपनी आखें न पौछे।
- ¥ भीड भाड वाली जगहों पर ना जाए।
- ¥ आई पलू फैलने के दौरान पानी में न तैरे।
- अपने वातावरण को साफ रखें।

Glocal Ayurvedic College Super Speciality Hospital and Research Centre at Glocal University organized a dedicated event addressing the prevalent concerns of conjunctivitis and eye flu. This initiative aimed to disseminate valuable information about these eye conditions, including causes, symptoms, and preventive measures. The event featured expert-led seminars, interactive sessions, and awareness campaigns to educate the community about maintaining ocular health. Glocal University's commitment to holistic well-being was evident as the event not only

addressed immediate health concerns but also empowered individuals with knowledge for proactive eye care. The collaboration of the Ayurvedic college with the super speciality hospital showcased Glocal's integrated approach to healthcare, combining traditional wisdom with modern medical expertise for the benefit of the community.



In 2022, Glocal University demonstrated its commitment to community well-being by organizing a comprehensive Health Checkup Program for local communities. The university opened its doors to residents in the surrounding areas, providing access to free health checkups and medical consultations. With the support of qualified healthcare professionals and state-of-the-art medical equipment, the program addressed various health concerns and offered valuable preventive care advice. Glocal University's initiative aimed not only to diagnose and treat health issues but also to promote health awareness within the local community. This event exemplified the university's dedication to social responsibility and community engagement, fostering a healthier and more

informed local population. In 2022, Glocal University's Health Checkup Program made a meaningful impact on the well-being of the community, emphasizing the institution's role as a catalyst for positive change beyond its academic endeavors.



In 2022, Glocal University hosted a transformative Community Engagement Event focused on enhancing educational skills among local primary school students. The event, rooted in Glocal University's commitment to community development, aimed to empower young learners with essential skills and foster a passion for education. Faculty and student volunteers conducted interactive workshops covering fundamental skills like reading, writing, and basic mathematics, tailored to the primary school level. Engaging activities, such as storytelling sessions, art and craft corners, and educational games, provided a holistic learning experience. This initiative not only strengthened the bond between Glocal University and the local community but also

showcased the university's dedication to nurturing the educational growth of the next generation. The event's impact extended beyond skill enhancement, fostering a collaborative spirit and instilling a love for learning among the primary school students, marking a significant step toward positive community development.

#### 3.3.3 UNIVERSITY AS A BODY SHARE SPORT FACILTIY

Glocal University's commitment to community wellness is evident in our shared sports facilities, serving as hubs for health, connections, and community vitality. Open to diverse groups, including local schools and the public, these spaces aim to improve physical fitness while strengthening community bonds. Our dedication extends to students from public national inter colleges and Sadholi Kadim village, fostering well-being and unity. During the 61st National Pharmacy Week, our facilities played a crucial role in a Khushalpur village Community Outreach Program, promoting sports, exercise, and overall well-being. This included an enlightening guest lecture on "Pharmacy of the World - India," showcasing our commitment to enhancing local community health.

#### **Activities** –

- 1. Empowering students from the public national inter college and **Sadholi Kadim village** to prioritize their health, hygiene, and overall well-being.
- 2. Extending the opportunity to students of public national inter colleges in **Sadholi Kadim**, promoting holistic well-being.
- 3. In celebration of the 61st National Pharmacy Week, our **Khushalpur village Community Outreach Program** took the lead in advocating for sports, exercise, and the overall welfare of our community. The program was enriched by an enlightening guest lecture on the theme "Pharmacy of the World India."
- 4. Within the framework of the 61st National Pharmacy Week, a remarkable Community Outreach **Program in Khushalpur village** emphasized the significance of sports, exercise, and well-being. The event was further enhanced by a guest lecture on the theme "Pharmacy of the World India."

#### 3.3.4 UNIVERSITY BODY FOR SEXUAL AND REPRODUCTIVE SERVICES

At Glocal University, ensuring students have access to sexual and reproductive health care is integral to our commitment to overall well-being. We provide a spectrum of services, including information, education, and medical assistance, addressing students' unique needs in this domain. Specialized lectures on sexual and reproductive health care empower students to make informed decisions, fostering responsible and safe lives. As part of the 75th Year of Independence commemoration, Glocal Unani Medical College organized a series, including sexual and reproductive health care, emphasizing holistic well-being. During the 61st National Pharmacy Week, a Community Outreach Program in Khushalpur village highlighted the importance of these services for students, aligning with our dedication to community health and informed decision-making.

#### **Activities -**

- Glocal Unani Medical College Hospital & Research Center took a proactive step in commemorating the 75th Year of Independence by organizing a series of lectures, awareness programs, and medical camps, specifically tailored to address sexual and reproductive health care services for our students.
- 2. During the 61st National Pharmacy Week, we put a spotlight on the promotion of sexual and reproductive health care services as part of our broader focus on sports, exercise, and the overall well-being of our community. An enlightening guest lecture centered around the theme "Pharmacy of the World India" further highlighted the importance of sexual and reproductive health care services for our students.
- 3. Our commitment to promoting physical fitness, exercise, and well-being was exemplified through a Community Outreach Program in Khushalpur village as part of the 61st National Pharmacy Week. This program featured a guest lecture emphasizing the theme "Pharmacy of the World India" and underscored our aspiration to enhance the physical fitness and overall health of our local community while addressing sexual and reproductive health care services for our students.

## 3.3.5 UNIVERSITY ACCESS TO STUDENT/EMPLOYEE FOR MENTAL HEALTH SUPPORT

Glocal University prioritizes mental health by actively promoting well-being, offering free counseling, and providing information on paid services. Our initiatives reduce stigma, increase awareness, and foster a supportive environment for positive mental health. Free support includes counseling and guidance, ensuring accessibility for all. Additionally, we offer information and referrals for those seeking specialized, charged mental health services, recognizing diverse needs. Our comprehensive approach reflects a commitment to a campus community valuing mental well-being, providing resources for personal growth and academic success.

#### 3.3.6 UNIVERSITY SMOKE FREE POLICY

Glocal University Smoke-Free Policy (2020-2021)

**Policy Scope:** This policy applies to all members of the Glocal University community, including students, research scholars, staff members, and visitors.

**Policy Objective:** The primary purpose of this policy is to ensure a smoke-free environment and ambiance for all stakeholders within the university.

**Prohibited Activities:** Smoking or the use of any nicotine products is strictly prohibited within any area of the university campuses, including hostels. This policy extends to encompass the consumption or possession of alcohol, narcotic drugs, lethal weapons, inflammable materials, and related products.

**Visitor Awareness:** All members are encouraged to educate and make visitors aware of this policy. This may involve politely requesting a visitor not to smoke or, if necessary, asking a visitor to leave any campus or facility should they wish to smoke.

**Monitoring and Compliance:** The Registrar and Proctorial Board (Administration) is responsible for monitoring compliance with this policy. They are also tasked with reporting any breaches and providing solutions as needed.

**Disciplinary Action:** Any breach of this policy by a student or staff member may result in disciplinary action under the university's Code of Conduct.

**Signage:** To ensure clarity and adherence, prominent "No Smoking" signage will be installed across all university campuses.

**Awareness Programs:** Regular awareness programs on smoking and its adverse effects will be conducted to educate the university community about the importance of this policy.

#### Glocal University Smoke-Free Policy 2022-2023:

#### 1. Prohibition of Smoking

Building upon the success of the 2020-2021 Smoke-Free Policy, Glocal University continued to strictly prohibit smoking and the use of tobacco products on campus premises during the 2021-2022 academic year. Our commitment to a smoke-free campus remains steadfast, as we aim to further reduce smoking-related health risks and promote a healthier community.

#### 2. Healthier Environment

Our objective of creating a healthier and cleaner environment for students, staff, and visitors remains at the core of our policy. We continue to prioritize the well-being of our campus community by maintaining a campus free from the harmful effects of smoking. A smoke-free environment ensures that all individuals can enjoy clean air and a safer, pollution-free campus, contributing to their overall quality of life.

#### 3. Stricter Regulations

In the upcoming academic year, the university is introducing even stricter regulations to ensure the effective implementation of the Smoke-Free Policy. These regulations include increased fines for violations and a strengthened enforcement system to promote compliance among students, staff, and visitors.

#### 4. Comprehensive Coverage

The 2021-2022 policy upholds the principle of comprehensive coverage. The policy applies to all university-owned or operated facilities, both indoor and outdoor areas, and university vehicles. The continued elimination of designated smoking areas ensures that our campus remains entirely smoke-free.

#### 5. Enhanced Enforcement and Compliance

Our approach to enforcement is continue to focus on education, awareness, and clear guidelines. We regularly conduct educational campaigns and awareness programs to keep our community informed about the policy and its benefits.

#### 6. Commitment to Wellness

Commitment to Wellness, inclusive of a smoke-free policy, reflects our university's unwavering dedication to fostering a healthier and cleaner environment.

By strictly prohibiting smoking and tobacco product use on campus premises, we prioritize the well-being of students, staff, and visitors, reducing secondhand smoke's harm and promoting a culture of good health.



Glocal University's campus, adorned with lush greenery, is more than just visually appealing; it's a sanctuary of tranquility and responsible living. In 2022, the university implemented a "No Horn, No Smoking" policy to enhance the well-being of its academic community. The serene environment, enriched by vibrant green spaces, is preserved through a commitment to minimal noise pollution and smoke-free air. This conscious initiative not only fosters a peaceful atmosphere conducive to learning but also reflects Glocal University's dedication to creating a healthy and sustainable campus. By encouraging a culture of mindfulness and respect for the environment, the university strives to provide an enriching and considerate experience for its students and faculty.

#### 3.3.6 UNIVERSITY SMOKE FREE POLICY

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In the upcoming academic year, the university is introducing even stricter regulations to ensure the effective implementation of the Smoke-Free Policy.

The continued elimination of designated smoking areas ensures that our campus remains entirely smoke-free.

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In 2022, Glocal University celebrated Unani Day with enthusiasm and cultural richness. The event, dedicated to the traditional Unani system of medicine, showcased the university's commitment to preserving and promoting alternative healthcare practices. The celebration featured engaging seminars, workshops, and demonstrations, highlighting the historical and therapeutic aspects of Unani medicine. Students and faculty actively participated in discussions on the holistic approach of Unani healing, fostering a deeper appreciation for traditional healing methods. The festivities also included cultural performances, herbal exhibitions, and expert talks, creating a vibrant atmosphere that celebrated the rich heritage of Unani medicine. Glocal University's Unani Day celebration served as a platform to blend education with cultural awareness, emphasizing the significance of traditional healing in contemporary healthcare practices.



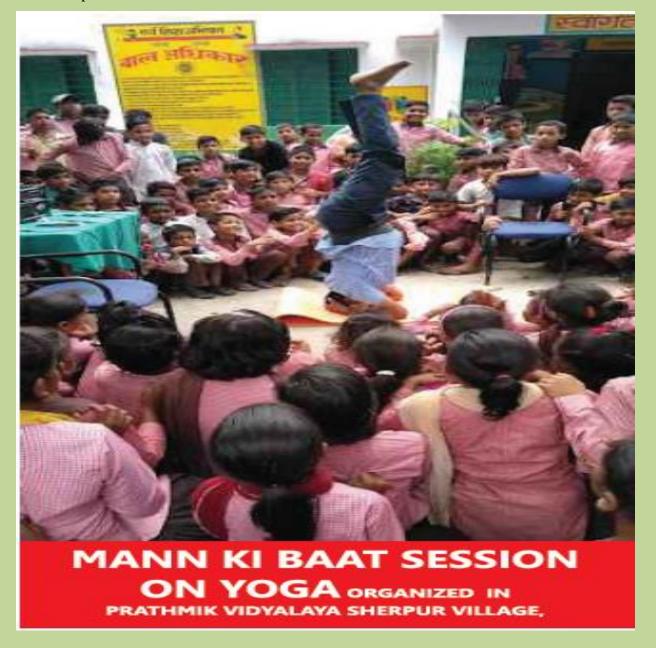
PHARMA RANGOLI COMPETITION

PHARMA EXHIBITION-PHARMA INDUSTRY

Glocal University's commitment to holistic well-being and education is evident in its multifaceted events. The Health Awareness Camp at the university provides a platform for promoting wellness, offering medical check-ups, consultations, and informative sessions to the campus community. In tandem, the Pharma Exhibition showcases advancements in the pharmaceutical field, fostering awareness about healthcare innovations.

World Pharmacist Day celebrations underscore the vital role pharmacists play in healthcare. Concurrently, a Rangoli Competition adds a touch of creativity, encouraging artistic expression among students. Additionally, Glocal University hosts Industry Exhibitions, connecting students with professionals and showcasing cutting-edge developments across various sectors. Collectively, these events contribute to a vibrant and comprehensive educational environment,

combining health awareness, cultural expression, and industry insights for a well-rounded student experience.



Glocal University actively engages with the local community through a thoughtful initiative conducted at Prathmik Vidyalaya in Sherpur Village. This community outreach program takes the form of "Mann Ki Baat" sessions, focusing on the themes of yoga and health. Led by Glocal University representatives, these sessions provide a platform for open dialogue, knowledge-sharing, and interactive discussions on the benefits of yoga for physical and mental well-being.

The initiative goes beyond traditional academic boundaries, promoting holistic health practices within the local community. By emphasizing the importance of yoga and a healthy lifestyle, Glocal University actively contributes to the well-being of the residents in Sherpur Village. This community engagement reflects the university's commitment to making a positive impact on the lives of the people it serves, fostering a culture of shared knowledge and well-being.



Glocal University demonstrates its commitment to community well-being through a commendable initiative: providing a one-day healthy diet to the local community. This community engagement program involves offering nutritious meals to residents for a day, emphasizing the importance of a balanced and healthy diet for overall health.

Led by the university's faculty and student volunteers, this initiative not only addresses immediate nutritional needs but also promotes awareness about the significance of good nutrition. By actively engaging with the community in this manner, Glocal University seeks to make a positive impact on public health, contributing to the welfare and well-being of the local residents. This community-centric approach aligns with the university's broader commitment to social responsibility and creating positive change beyond the boundaries of the campus.



Glocal University hosted a crucial event centered on fostering open communication and support between the institution and parents/guardians. This initiative addressed the holistic well-being of students by delving into health and stress-related issues. Through interactive sessions, parents gained insights into the university's healthcare and counseling services, fostering a collaborative approach to student well-being. The event facilitated an open dialogue on mental health, stress management, and overall student health, allowing parents to actively participate in their child's academic and emotional journey. Glocal University's commitment to the comprehensive care of students was exemplified through this event, creating a supportive network involving both the university and parents for the students' health and well-being.



## GLOCAL SCHOOL OF PHARMACY GLOCAL UNIVERSITY

In Association with
Association of Pharmaceutical Teachers of India (APTI)

#### CELEBRATES -

### 61<sup>ST</sup> NATIONAL PHARMACY WEEK - 2022





#### THEME - "PHARMACY OF THE WORLD - INDIA"

Glocal School of Pharmacy at Glocal University, in collaboration with the Association of Pharmaceutical Teachers of India, celebrated the 61st National Pharmacy Week in 2022 with an engaging and educational event. The program aimed to raise awareness about the crucial role of pharmacists in healthcare and the pharmaceutical industry. Through insightful seminars, workshops, and interactive sessions, the event highlighted advancements in pharmaceutical sciences and their impact on society. Glocal University's commitment to fostering excellence in pharmacy education was evident in this initiative, providing a platform for students and professionals to discuss emerging trends, innovations, and challenges in the field. The celebration of the National Pharmacy Week underscored the importance of the pharmacy profession in promoting health and well-being within the community.



## GLOCAL SCHOOL OF PHARMACY GLOCAL UNIVERSITY



In Association with
Association of Pharmaceutical Teachers of India (APTI)

#### CELEBRATES |

## 61<sup>ST</sup> NATIONALPHARMACY WEEK - 2022

GUEST LECTURE POSTER MAKING COMPETITION

RANGOLI Competition QUIZ COMPETITION CRICKET TOURNAMENT HEALTH CAMP

#### THEME - "PHARMACY OF THE WORLD - INDIA"

Glocal School of Pharmacy at Glocal University, in collaboration with the Association of Pharmaceutical Teachers of India, orchestrated a dynamic celebration for the 61st National Pharmacy Week in 2022. This comprehensive event featured a myriad of engaging activities, including insightful guest lectures, a vibrant poster-making competition, an artistic rangoli competition, a stimulating quiz competition, and an invigorating cricket tournament. The program aimed not only to raise awareness about the pivotal role of pharmacists in healthcare but also provided a holistic platform for students and professionals to delve into emerging trends, innovations, and challenges in the pharmaceutical field. Additionally, a health camp was organized, aligning with Glocal University's commitment to the well-being of the community. This multifaceted celebration highlighted the significance of the pharmacy profession in fostering health and vitality in society.



### GLOCAL SCHOOL OF PHARMACY GLOCAL UNIVERSITY



In Association with

Association of Pharmaceutical Teachers of India (APTI)

61ST NATIONALPHARMACY WEEK - 2022

## FREE HEALTH CAMP

VILLAGE: SHAHPUR GADA

HEALTH CHECK UP \* BLOOD PRESSURE \* HEMOGLOBIN TEST \* SUGAR TEST \* BLOOD GROUP TEST \* WEIGHT

29<sup>th</sup> November 2022

As part of the 61st National Pharmacy Week 2022, Glocal School of Pharmacy at Glocal University organized a compassionate initiative—a free health camp at the village of Shahpur Gada. This community-focused event aimed to extend healthcare services to the underserved population, emphasizing the essential role of pharmacists in promoting well-being. The health camp provided residents with access to medical consultations, health check-ups, and essential medications. Glocal University's commitment to community welfare and healthcare accessibility was showcased through this thoughtful outreach, reinforcing the significance of the pharmacy profession in addressing the healthcare needs of diverse communities. The event exemplified Glocal School of Pharmacy's dedication to both academic excellence and social responsibility.



In 2022, the Glocal School of Business & Commerce at Glocal University hosted an exhilarating sports event that set the campus abuzz with athletic prowess and spirited competition. The event featured a diverse range of sports activities, bringing together students to showcase their skills and sportsmanship. From intense matches on the playing fields to friendly competitions that fostered camaraderie, the sports event was a celebration of physical fitness and teamwork. Glocal University's commitment to holistic education was exemplified as students not only engaged in healthy competition but also reaped the benefits of sports in promoting a balanced and active lifestyle. The event contributed to a vibrant campus culture, highlighting the importance of physical well-being alongside academic pursuits.

#### **Doctors' Day Celebration**

Glocal Hospital marked the celebration of National Doctors Day on July 1, 2022, with a program that paid homage to the dedication and selfless service of medical professionals. The event, coordinated by the Dean Students Welfare (DSW), unfolded with a theme centered around "Family Doctors on the Front Line." The National Doctors Day celebration was a poignant event that highlighted the crucial role doctors play in healthcare. The event commenced with a warm welcome by Swarnima Singh, the coordinator from the Dean Students Welfare. Her opening remarks set a positive and appreciative tone for the celebration. Mrs. Reshma Tahir, the honorable registrar, delivered an insightful speech, emphasizing the significance of National Doctors Day. She shed light on the tireless efforts of doctors and their indispensable role in safeguarding public health. The in-charge of Glocal Hospital shared valuable insights into the

importance of National Doctors Day. Expressing appreciation for the hard work of the hospital staff, he underscored the dedication required in the medical profession. A symbolic cake cutting ceremony was conducted, signifying the sweetness of appreciation for doctors' contributions. Attendees enjoyed refreshments, creating an atmosphere of camaraderie and gratitude. Pro Vice Chancellor Dr. Satish Sharma delivered the vote of thanks, expressing gratitude to the medical professionals for their unwavering commitment to healthcare. He acknowledged the pivotal role doctors play on the front lines, especially during challenging times. The National Doctors Day celebration at Glocal Hospital was a heartfelt tribute to the dedicated medical professionals. The event, organized by DSW and attended by esteemed dignitaries, celebrated the noble profession of medicine and underscored the invaluable service provided by doctors.



#### **International Yoga Day Celebration 2022**

Glocal University enthusiastically celebrated International Yoga Day, promoting holistic wellbeing and mindfulness among its members. The event took place on [Date], featuring a yoga session led by a trained instructor. The university encouraged the mandatory participation of all members residing on the campus, extending the invitation to include family members as well. The International Yoga Day celebration began with a sense of enthusiasm and commitment to fostering a culture of health and wellness within the university community. The open area around the Medical Library provided an ideal setting for participants to engage in a rejuvenating yoga session. All members of Glocal University residing on the campus were required to attend the yoga session as part of the mandatory celebration. The inclusive nature of the event allowed family members to join, promoting the importance of yoga for the entire community. As a gesture of appreciation for active participation, attendees of the yoga session were granted a relaxation of one hour for their morning attendance. This served as both an incentive and recognition of the commitment to promoting a healthy lifestyle through yoga. Participants were encouraged to mark their morning attendance by 10:15 AM, allowing them to seamlessly integrate the yoga session into their daily routines while ensuring minimal disruption to their regular schedules. The program schedule outlined the various activities planned for the International Yoga Day celebration, including the yoga session led by the trained instructor. The schedule aimed to provide a structured and engaging experience for participants. The International Yoga Day celebration at Glocal University concluded with a sense of accomplishment and a renewed commitment to well-being. The event successfully brought together the university community in a shared experience of yoga, emphasizing its positive impact on physical and mental health.





In 2022, Glocal University organized an exhilarating Sports Event that brought together students in a spirited showcase of athleticism and camaraderie. The event featured a diverse range of sporting activities, including track and field events, team sports, and friendly competitions. Students displayed exceptional skill, determination, and sportsmanship throughout the event, creating an electrifying atmosphere on campus. The Sports Event not only served as a platform for healthy competition but also encouraged teamwork, discipline, and physical fitness among the participants. The winners, recognized for their outstanding performances, became a source of inspiration for the entire university community. This sports extravaganza not only contributed to the overall well-being of students but also strengthened the sense of community and pride within Glocal University, making the 2022 Sports Event a memorable and impactful experience for all.



In 2022, Glocal University organized a comprehensive Health Awareness Program, underscoring its commitment to the holistic well-being of its student body. The event featured a series of informative sessions, workshops, and health check-ups aimed at promoting a proactive approach to personal health. Faculty members, along with healthcare professionals, shared valuable

insights on nutrition, exercise, mental health, and preventive healthcare measures. Students actively participated in discussions and engaged in health screenings, fostering a culture of awareness and responsibility towards one's well-being. The Health Awareness Program not only provided practical health tips but also encouraged a dialogue on prioritizing mental and physical health. By addressing various aspects of wellness, the event contributed to creating a healthier and more informed university community in 2022, emphasizing Glocal University's dedication to nurturing not just academic excellence but also the overall health and wellness of its students.



In 2022, Glocal University hosted a commendable Blood Donation Program, exemplifying its commitment to community service and social responsibility. The event drew enthusiastic participation from students, faculty, and staff who willingly contributed to this life-saving initiative. Organized in collaboration with local healthcare authorities, the program provided a platform for the university community to make voluntary blood donations. The collective efforts resulted in a substantial

contribution to the local blood bank, potentially saving numerous lives. The event not only highlighted Glocal University's dedication to making a positive impact beyond its academic pursuits but also emphasized the significance of altruism and solidarity within the university community. The Blood Donation Program in 2022 exemplified the university's ethos of giving back to society, fostering a sense of compassion and shared responsibility among its members.



In 2022, Glocal University continued to prioritize the well-being of its students by enhancing its medical and laboratory facilities. The university invested in state-of-the-art equipment and technologies, fostering an environment conducive to both learning and healthcare. The medical facility saw improvements in terms of accessibility and services, ensuring prompt and quality healthcare for students. Moreover, the laboratory facilities were upgraded to meet the evolving educational needs, allowing students to engage in hands-on, experiential learning. The commitment to providing top-notch medical and laboratory resources underscored Glocal University's dedication to creating a

comprehensive and supportive educational environment. This initiative in 2022 not only reflected the university's focus on academic excellence but also demonstrated its commitment to the overall health and educational experience of the student community.









Glocal University underscored its dedication to community well-being through the implementation of an extensive Health Checkup Program tailored for local residents. Embracing inclusivity, the university welcomed individuals from the neighboring areas, extending the opportunity for complimentary health

checkups and consultations. Supported by skilled healthcare professionals and advanced medical equipment, the program effectively addressed diverse health concerns and provided valuable preventive care guidance. Beyond the immediate focus on diagnosis and treatment, Glocal University's initiative aimed to cultivate health awareness throughout the local community. This endeavor highlighted the institution's commitment to social responsibility and active community involvement, nurturing a healthier and more enlightened local populace. The impact of Glocal University's Health Checkup Program in 2022 resonates as a testament to its pivotal role in fostering positive change, extending far beyond the realm of academic pursuits.









In 2022, Glocal University orchestrated a dynamic Lab Demonstration Program for its students, aiming to augment the educational experience through hands-on learning. The program featured engaging demonstrations across various disciplines, providing students with practical insights into their coursework. Faculty members utilized cutting-edge equipment and interactive methodologies to elucidate complex concepts, fostering a deeper understanding of the subject matter. The Lab Demonstration Program not only enhanced the students' theoretical knowledge but also instilled a sense of curiosity and scientific inquiry. By bringing theoretical concepts to

life, Glocal University's initiative in 2022 exemplified its commitment to providing a comprehensive and enriching educational environment, preparing students for real-world applications of their academic pursuits.



In 2022, Glocal University commemorated World Tuberculosis Day with a thoughtful and impactful series of events. Recognizing the global significance of tuberculosis awareness, the university organized informative sessions, awareness campaigns, and interactive discussions to shed light on the challenges posed by this infectious disease. Faculty members, healthcare professionals, and students actively participated in the events, emphasizing the importance of early detection, prevention, and treatment.

Glocal University's commitment to public health and community well-being was evident through the dissemination of crucial information about tuberculosis. The event not only served as a platform to raise awareness but also fostered a sense of responsibility among the university community to contribute to the global fight against tuberculosis. In 2022, Glocal University's observance of World Tuberculosis Day resonated as a significant step towards creating a well-informed and socially conscious community.

#### **Drug Abuse**

Glocal University undertook a comprehensive campaign started on 14<sup>th</sup> September 2022 dedicated to raising awareness about the hazards of drug abuse and cultivating a culture of a drug-free society. Orchestrated by the Dean of Students Welfare (DSW), this two-week initiative sought to foster meaningful discussions within the campus community on the perils of substance abuse.

The fortnight unfolded with a diverse array of activities, discussions, and initiatives strategically designed to educate and engage students, faculty, and staff on the detrimental consequences of drug abuse. Key highlights of the event included a series of workshops and seminars conducted by experts in the field of addiction and substance abuse. These knowledgeable professionals shared insights into the physical, psychological, and societal repercussions of drug abuse, dispelling myths and fostering a deeper understanding.

Throughout the fortnight, interactive discussions were actively encouraged, providing participants with a platform for open dialogues on the profound impact of drug abuse on individuals and communities. These discussions played a crucial role in promoting empathy, understanding, and support for those affected by addiction.



Glocal University conducted a impactful Community Outreach Program reaching out to local school students. The initiative aimed to bridge the gap between the university and the surrounding community by engaging with young learners. Through interactive sessions, workshops, and educational activities, Glocal University sought to inspire and motivate the students to explore educational opportunities and aspire for higher learning. The program not only provided valuable insights into various academic disciplines but also emphasized the importance of education for personal and community development. Glocal University's commitment to community engagement was evident in this endeavor, fostering a positive and mutually beneficial relationship with the local schools and contributing to educational empowerment in the region.





Glocal University spearheaded a impactful Community Outreach Program directed towards local school students, with the primary goal of narrowing the divide between the university and the neighboring community. This initiative involved interactive sessions, workshops, and educational activities, designed to inspire and encourage young learners to consider higher education. Beyond offering insights into diverse academic disciplines, the program underscored the significance of education for both personal growth and community development. Glocal

University's unwavering commitment to community engagement was clearly demonstrated in this endeavor, fostering a positive and mutually beneficial relationship with local schools and actively contributing to educational empowerment in the region.



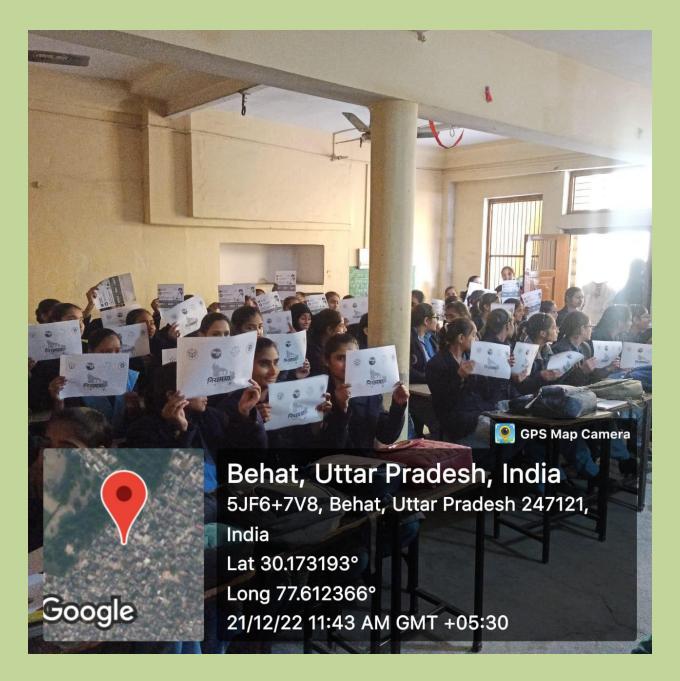
World Tuberculosis Day 2022 Glocal College of Paramedical Science and Research Center (GCPSRC), Glocal University organized an awareness programme on the occasion of 'World Tuberculosis Day' on March 24, 2022 at Medical Auditorium. The theme of the 'World

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with the pa	rticipation of stude	ents and faculty me	mbers from many S	chools and colleges	S.



The Community Engagement Event at Glocal University in 2022 was a resounding success, achieving its objectives of fostering collaboration, providing educational enrichment, and promoting community well-being. The event strengthened the ties between the university and the local community, reinforcing Glocal University's commitment to social responsibility and community engagement. The positive impact on local school students and the collaborative spirit exhibited during the event highlight the potential for future endeavors in community development and education.

This report serves as a testament to the dedication of Glocal University in contributing to the holistic development of its surrounding community.



In 2022, Glocal University played a pivotal role in promoting the Uttar Pradesh government's schemes aimed at societal development. The university actively engaged with and supported initiatives designed to uplift communities and enhance public welfare in the region. Through collaborative efforts, Glocal University facilitated awareness campaigns, workshops, and information sessions to educate the local populace about the various government schemes available. By leveraging its academic and outreach resources, the university contributed significantly to bridging the information gap and empowering residents to access the benefits provided by the Uttar Pradesh government. This strategic alignment between Glocal University

and government initiatives showcased a commitment to social responsibility, fostering a positive impact on the community and contributing to the overall betterment of Uttar Pradesh.



In 2022, Glocal University organized a dynamic Education Boosting Program at a local school, epitomizing its dedication to community development. The program aimed to enhance educational outcomes by providing tailored support to local students. Glocal University faculty and student volunteers collaborated to offer specialized workshops, tutoring sessions, and interactive learning experiences. The initiative not only bolstered academic skills but also cultivated a positive and engaging learning environment. Through this program, Glocal University demonstrated its commitment to bridging educational gaps and empowering the local community. The event's impact extended beyond the classroom, fostering a sense of shared commitment to educational excellence and laying the foundation for ongoing collaboration between the university and the local school.



In 2022, Glocal University hosted a highly impactful Career Counseling Session for its students, reflecting the institution's commitment to providing comprehensive support for academic and professional development. The event, tailored to address the diverse career aspirations of Glocal University students, featured expert speakers, alumni panels, and interactive workshops. Attendees gained valuable insights into various career paths, industry trends, and received personalized guidance to make informed decisions about their future endeavors. The Career Counseling Session showcased Glocal University's dedication to nurturing the holistic growth of its students, equipping them with the knowledge and resources necessary for successful and fulfilling careers. The event not only provided practical guidance but also fostered a sense of empowerment and confidence among the university's student body, emphasizing the institution's role in shaping well-rounded, career-ready individuals.

#### MEDICAL CAMP REPORT









Glocal Unani Medical College Hospital & Research Center, Saharanpur has been serving the mankind by conducting medical camps, awareness programs, sanitation drives by spreading Hygiene awareness among the rural population.

Glocal Unani Medical College Hospital & Research Center conducted a Free Medical Camp in Bada Kuan area of Mirzapur Pole on Dec 30, 2022. A team of Physicians, interns and final year students attended the Medical Camp. Dr. Rehan Safee, In charge Principal opened the camp with giving awareness about prevention and care during winter season, Dr. Aini, RMO attended the patients in the camp.

A total number of 124 patients were benefitted from the Medical Camp. Free check-up and medicines were given to the patients.

